

Preparing a good referral to Addiction Psychiatry

Contents of the referral:

- contact details: name, organisation, address and contact details of the referring physician; name of the contact person; and the patient's up-to-date contact information
- reason for referral: is the referral intended for the outpatient clinic or the ward
- preliminary information:
 - Current psychiatric and somatic state, illnesses, medications, laboratory tests.
 - Details of substance use over the last year (individually for each substance).
 - Details of detoxification and treatment periods. Please attach the final statements, if available.
 - Details of previous psychiatric examination and treatment periods, including those provided by substance abuse services.
 - Please remember to attach any statements available, for example those from neuropsychological examinations.
 - Socio-economic situation, close network.